

Bankura Christian College

Department of Physiology

1st YEAR: SEMESTER-I (Academic Session: 2023-24)

Course Code: S/PHY/103/MD-1 Course ID: 12513

Credit- 03; Full Marks: 40 Classes: 09 (Lecture)+08(Class test/Revision)

Course Title: Social Physiology

Dr Rajkumar Maiti

Course Learning Outcomes:

1. This course gives a wide knowledge about structural and functional organization of different body systems.
2. From this course students will gather the knowledge about the role different nutrients and food on health management and disease prevention.
3. The course would fortify to the students to acquire the knowledge about hygiene and health maintenance.
4. They acquire a concept about the importance of physical activity, exercise, yoga and meditation on health.

Topics allotted

1. An introductory idea on different systems of human body.
2. Brief idea on structural and functional organization of different systems.
3. Basic concept of Social Physiology

MONTH/YEAR	WEEK	PORTIONS
August 2023	2	Introduction to Social Physiology
	3	Introductory ideas on different systems of human body.
	4	Body's internal correlation
	5	Class test on above mentioned topics of Social Physiology
MONTH/YEAR	WEEK	PORTIONS
September 2023	1	Structural organization of different systems
	2	Structural organization of different systems (Continued)
	3	Revision on portion covered
	4	Class test on above mentioned topics of Social Physiology
MONTH/YEAR	WEEK	PORTIONS
October 2023	1	Functional organization of different systems
	2	Basic concept of Social Physiology
	3	Different aspects of social physiology
	4	Application of social physiology in community
	5	Class test on above topics of Social Physiology
MONTH/YEAR	WEEK	PORTIONS
November 2023	1	Revision on above topics Social Physiology
	2	Revision on Social Physiology
	3	Revision on above topics Social Physiology
	4	Class test on above topics of Social Physiology
MONTH/YEAR	WEEK	PORTIONS
December 2023	1	Class test on above topics of Social Physiology

Suggested Books

1. Park K. (2023) Park's Textbook of Preventive and Social Medicine. 27th Edition. M/s. Banarsidas Bhanot "Press Chowk", 1167, Prem Nagar, Jabalpur – 482001, M.P., India.
2. Lal S. Pankaj A. (2023). Textbook of Community Medicine Preventive Social Medicine. 7th Edition. CBS Publishers and Distributors Pvt. Ltd.
3. Bedi Y. (2022). Hand Book of Preventive and Social Medicine. 7th Edition. CBS Publishers and Distributors Pvt. Ltd.

Rajkumar Maiti